

COMMUNITY RESOURCE GUIDE

Rutherford County, NC



Community
Health Council
of Rutherford County

www.healthcouncilrc.com



If an agency listed in the guide has corrections or additions to their information, please contact us at HealthCouncilRC@gmail.com so that we can make those changes.

TABLE OF CONTENTS

Children’s / Youth Services	4
Crisis Assistance	7
Dental Services	12
Domestic Violence	13
Education	14
Employment	18
Food Assistance / Soup Kitchens	20
Latino Services	25
Legal Services	26
Affordable Housing and Rent Assistance	28
Medical Care	34
Medication Assistance	36
Mental Health	38
Miscellaneous (Other Resources)	41
Senior Adults	43
Substance Use	45
Substance Use Treatment Facilities	48
Recreation	49
Transportation	51
Veteran Services	52
Vision Services	53
National / Local Crisis Hotlines	54

CHILDREN'S / YOUTH SERVICES

Agency Name: **Big Brother-Big Sister of Western NC**
Address: 301 N. Trade St. Tryon, NC 28782
Phone: 828.859.9230
Website: <https://www.bbbswnc.org/tag/rutherford-county/>
Service(s) Offered: One on one mentoring services for children in Rutherford County.

Agency Name: **Blue Ridge Hope**
Address: 131 N W 2nd Street Rutherfordton NC 28139
Phone: 828.202.3075
Website: <https://www.blueridgehope.org/>
Service(s) Offered: Hopeworks Youth Program – Mentorship and tutoring services offered for middle school and high school students on Wednesdays and Thursdays from 3:30pm – 6:30pm at the Blue Ridge Hope Village Coffee Shop (654 W Main Street Forest City).

Agency Name: **Camp Harmony**
Address: P.O. Box 823 Spindale NC 28160
Phone: 828.429.4907
Website: www.unitedwayofrutherford.org
Service(s) Offered: Two-week summer camp for special needs children.

Agency Name: **Carver Center**
Address: 141 Carver Street Spindale, NC 28160
Phone: 828.286.3901
Website: <http://cc.rcsnc.org>
Service(s) Offered: Early Head Start program through Rutherford County School system. Offering Pre-K and early childhood supplemental education programs.

Agency Name: **Child Protective Services – Department of Social Services**
Address: 389 Fairground Rd Spindale, NC 2810
Phone: 828.287.6165
Website: www.rutherfordcountync.gov
Service(s) Offered: To report child abuse or neglect and initiate a family assessment.

Agency Name: **Family Resources of Rutherford County**
Address: N/A
Phone: 828.247.1440
Website: www.familyresourcesrc.org
Service(s) Offered: A private, non-profit United Way agency that has expanded services on an annual basis to meet the growing needs of families in our community.

- Parenting Classes
- Path Shelter – Emergency shelter for victims of domestic abuse and sexual assault.
- Child Advocacy Center – Provides services for victims of abuse.
- Noah’s House – Shelter for children and Teens suffering from neglect and abuse.
- Clara Allen Center – provides a child friendly setting for interviews by the Department of Social Services and/or Law Enforcement officials to investigate physical and sexual abuse reports. Contact 828.247.0366.

Agency Name: **Grahamtown Team**
Address: 129 First Street Forest City, NC 28043
Phone: 828.229.3380
Website: www.grahamtownteam.org
Service(s) Offered: Gardening, summer camp, volunteers, STEAM Program, social involvement, food resource, healthy living programs.
LEAP – Leaders Entrepreneurs for the Advancement of Girls and Youth
Leadership training and hands-on experience. Contact 828.405.9063, 262.989.8982.

Agency Name: **Hands of Hope for Life**
Address: 124 Turner St Forest City NC 28043
Phone: 828.247.4673
Website: www.hh4life.org
Service(s) Offered: Provides services for pregnant women or those with children under 3 years old. Provides free pregnancy testing.

Agency Name: **NC Cooperative Extension – Rutherford County Center**
Address: 193 Callahan Koon Road, Spindale NC 28160
Phone: 828.287.6010
Website: <http://rutherford.ces.ncsu.edu>
Service(s) Offered: Rutherford County 4-H Clubs. Youth development programs.

CHILDREN'S / YOUTH SERVICES

Agency Name: **NC Partnership for Children (Partnership for Children of the Foothills)**
Address: 286 ICC Loop Rd. Spindale NC 28160
Phone: 828.245.8673
Website: www.pfcfoothills.org
Service(s) Offered: Programs for children ages 0-5 and their families in the areas of childcare, education, and family support. Pre-K services, Head Start, Parent Education.

Agency Name: **McNair Educational Foundation**
Address: 331 E. High Rd Bostic, NC 28018
Phone: 828.245.4339
Website: www.mcnairedfoundation.org
Service(s) Offered: Preparing students for Post-Secondary Education through financial assistance, mentoring, and career awareness and planning.

Agency Name: **Rutherford County Department of Social Services**
Address: 389 Fairground Rd Spindale NC 28160
Phone: 828.287.6078
Website: www.rutherfordcountync.gov
Service(s) Offered: Provides services for children and families related to child support enforcement, adoption, and foster care assistance, job training for parents, financial assistance, early childhood development intervention, and reunification of families with children in home placements, financial assistance for childcare.

Agency Name: **Rutherford Life Services Learning Tree Child Development Center**
Address: 205 McDonald Rd Forest City, NC 28043
Phone: 828.247.4979
Website: www.rutherfordlifeservices.com
Service(s) Offered: Youth enrichment programs. Childcare providers. Preschools.

Agency Name: **Rutherford Young Life**
Address: 2307 New House Rd Ellenboro, NC 28040
Phone: 828.447.8517
Website: www.rutherfordcountyyounglife.org
Service(s) Offered: A faith-based program designed to work with adolescents of all ages, early childhood to college.

Agency Name: **Safe Kids**
Address: 125 Reveley St Spindale NC 28160
Phone: 828.286.3465
Website: <https://www.facebook.com/SAFE-KIDS-Rutherford-County-154569401272025/>
Service(s) Offered: Preventing injuries to children age 14 and under. Evidence-based programs such as car seat checkups, safety workshops and sports clinics and bicycle helmets.

Agency Name: **South Mtn. Christian Camp**
Address: 1129 S. Mountain Rd Bostic, NC 28018
Phone: 828.245.3322
Website: www.southmountainchristiancamp.org
Service(s) Offered: Offers summer camp for children and youth. Environmental education for elementary schools. Adventure based programs for team building and character building. Retreat facilities for all ages.

Agency Name: **WIC (Women Infant and Children)**
Address: Foothills Health District
Phone: 828.287.6238
Website: www.fns.usda.gov/wic
Service(s) Offered: Special supplemental nutrition program for low-income women, infants, and children who are at nutritional risk.

Agency Name: **YMCA – Rutherford County Family Programs**
Address: 411 Cherryville Rd, Shelby, NC 28151
Phone: 704.669.3647
Website: <https://www.clevecoymca.org/branch/rutherford/>
Service(s) Offered: Youth camps, after-school care, recreation in Rutherford County.

Agency Name: **Yokefellow Service Center**
Address: 132 Blanton St Spindale NC 28160
Phone: 828.287.0776
Website: <https://m.facebook.com/YokefellowServiceCenter/>
Service(s) Offered: Volunteer service hours for youth.

DAYCARE DIRECTORY

Website: www.ncchildcare.ncdhhs.gov
Phone: 877.752.5955 (**Southwestern Child Development Commission**)

Agency Name: **Rutherford County Department of Social Services**
Address: 389 Fairground Rd Spindale NC 28160
Phone: 828.287.6078
Website: www.rutherfordcountync.gov
Service(s) Offered: **Child Day Care Program** – Financial assistance for childcare for low-income families.
Call 828.287.6078.

Hotline: Call 2-1-1 to be linked to local resource including food, housing, utilities, counseling, healthcare, and more. Call 24/7 for free, confidential assistance. Visit www.nc211.org for more information.

Agency Name: **Chase Corner Ministries**
Address: 1604 Chase High Rd. Forest City, NC 28043
Phone: 828.247.0096
Website: <https://chasecornerministries.org/>
Service(s) Offered: Offers emergency assistance for food, clothing, utility, rent, heating, cooling, and medication. Food services available Wednesdays 9:00 – 10:30am. Emergency food services available M, T, TR, F 9:00am – 2:00pm. Thrift store for inexpensive clothing and household items. Donations accepted.

Agency Name: **Green Hill Baptist Church**
Address: 1941 US 64/74 Rutherfordton, NC 28139
Phone: 828.287.2170
Website: <https://www.facebook.com/pages/category/Religious-organization/Green-Hill-Baptist-Church-in-Rutherfordton-NC-413291492031891/>
Service(s) Offered: Clothes closet and food pantry.

Agency Name: **Carolina Foothills Eldercare Resale Shop**
Address: 631 Oak St Forest City, NC 28043
Phone: 828.248.9305
Website: <https://hocf.org/>
Service(s) Offered: Open Monday-Saturday 10:00 am – 5:00 pm. Sales of donated items benefit Hospice patients. Thrift store for inexpensive clothing and household items. Donations accepted.

Agency Name: **Patriot Pantry at Isothermal Community College**
Address:
Phone: 828.395.1305, 828.395.1423
Website:
Service(s) Offered: Emergency food and clothing for ICC students and employees in need.

CRISIS ASSISTANCE

Agency Name: **NC Partnership for Children (Partnership for Children of the Foothills)**
Address: 286 ICC Loop Rd. Spindale NC 28160
Phone: 828.245.8673
Website: www.pfcfoothills.org
Service(s) Offered: Programs for children ages 0-5 and their families in the areas of childcare, education, and family support. Pre-K services, Head Start, Parent Education.

Agency Name: **Rutherford County DSS Water / Energy / Utility Assistance**
Address:
Phone: 828.287.1248
Website: https://RutherfordCountyNC.gov/social_services/energy
Service(s) Offered:

Agency Name: **Rutherford County Schools Homeless / Outreach Program**
Address: 382 West Main Street Forest City, NC 28043
Phone: 828.288.2200
Website: www.rcsnc.org
Service(s) Offered: The Outreach Program provides school supplies, clothes, and hygiene essentials for students in need. The program assists the backpack program and works with families struggling with food insecurity. The program connects needy families with other support services.

Agency Name: **Salvation Army**
Address: 256 W Main St Forest City, NC 28043
Phone: 828.287.0119
Website: www.salvationarmy.org/rutherfordcounty
Service(s) Offered: Offers assistance with clothing, food, prescriptions, rent, and utility bills when monies are available. Thrift store for inexpensive clothing and household items. Donations accepted.

Agency Name: **Yokefellow Service Center**
Address: 132 Blanton St Spindale NC 28160
Phone: 828.287.0776
Website: <https://m.facebook.com/YokefellowServiceCenter/>
Service(s) Offered: Emergency assistance including clothing, medication, utility bills, rent, heating and cooling. By appointment. Thrift store for inexpensive clothing and household items. Donations accepted.

DENTAL SERVICES

Agency Name: **Blue Ridge Community Health Center**
Address: 187 W Main St. Spindale, NC 28160
Phone: 828.692.4289
Website:
Service(s) Offered:

Agency Name: **Mission Health Dental Bus**
Address: Kwatson@NCBaptists.org
Phone: 800.395.5102 ext 5603
919.459.5603
Website:
Service(s) Offered:

Agency Name: **Lydia's House**
Address:
Phone: 314.771.4411
Website: <https://www.lydiashouse.org/>
Service(s) Offered: Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children.

Agency Name: **Family Resources of Rutherford County Path Shelter / Clara Allen Family Center**
Address:
Phone: 828.245.8595
Website: <https://familyresourcesrc.org/our-programs/path-shelter/>
Service(s) Offered: The PATH Shelter provides comprehensive shelter services to help victims of domestic violence and sexual assault make safe and informed choices about the violence in their lives. Emotional support and counseling. Temporary housing, court, and medical advocacy.

Agency Name: **Pisgah Legal Services for Mountain Violence**
Address: P.O. Box 2276 Asheville NC 28802
Phone: 828.247.0297
Website: www.pisgahlegal.org
Service(s) Offered: Legal assistance for domestic violence victims.

Agency Name: **Steps to Hope**
Address: 60 Ward St Columbus, NC 28722
Phone: 828.894.2340
Website: www.stepstohope.org
Service(s) Offered: 24 Hour Crisis Line. Crisis intervention for domestic violence and sexual assault prevention; anger management and parenting classes.

EDUCATION

Agency Name: **Isothermal Community College**
Address: 286 ICC Loop Rd Spindale, NC 28160
Phone: 828.286.3636
Website: www.isothermal.edu
Service(s) Offered: Assist local community members to improve life through learning by providing innovative, affordable educational programs. Scholarships available for many programs. Adult high school diploma program.
Continuing Education – non-degree courses to fit any interest or career goal. Certificate and licensure programs available.
GED - GED testing, assessment, and classes to obtain a state issued High School Equivalency credential.

Agency Name: **Lake Lure Classical Academy**
Address: 1058 Island Creek Rd Lake Lure, NC 28746
Phone: 828.625.9292
Website: www.llcharter.org
Service(s) Offered: K – 12th grade tuition free, public charter school.

Agency Name: **The Masters Academy**
Address: 120 School Drive Forest City, NC 28043
Phone: 828.229.3172
Website: tmalions.com
Service(s) Offered: Private, Christian school k3-12th grade.

Agency Name: **REACH (Rutherford County Early College High School)**
Address: 286 ICC Loop Road Spindale, NC 28160
Phone: 828.395.4190
Website: www.reach.rcsnc.org
Service(s) Offered: Program open to Rutherford County students as an alternative to traditional high school. Students graduate with an Associate’s Degree and High School Diploma.

Agency Name: **Rutherford County Schools**
Address: 382 West Main Street Forest City, NC 28043
Phone: 828.288.2200
Website: www.rcschools.org
Service(s) Offered: Public school system serving students in grades PreK – 12.

Agency Name: **Thomas Jefferson Classical Academy**
Address: 2527 US-221A Hwy Mooresboro, NC 28114
Phone: 828.657.9998
Website: www.tjca.org
Service(s) Offered: Public, charter school for students grades K-12.

Agency Name: **Trinity Christian School**
Address: 299 Deter St. Rutherfordton NC 28139
Phone: 828.286.3900
Website: www.trinityschoolnc.com
Service(s) Offered: Private, Christian school serving students grades PK-11.

COUNTY LIBRARIES

Agency Name: Haynes Branch Library
Address: 2669 US-221A Hwy, Mooresboro, NC 28114
Phone: 828.288.4039
Website: www.rutherfordcountylibrary.org
Service(s) Offered: County, public library.

Agency Name: Mountains Branch Library
Address: 150 Bills Creek Rd Lake Lure, NC 28746
Phone: 828.287.6392
Website: www.rutherfordcountylibrary.org
Service(s) Offered: County, public library.

Agency Name: Rutherford County Library *
Address: 255 Callahan Koon Rd. Spindale NC 28160
Phone: 828.287.6115
Website: www.rutherfordcountylibrary.org
Service(s) Offered: County, public library.

**Most libraries can assist with resumes, online job searches, and other research.
Call ahead for information.*

TOWN LIBRARIES

Agency Name: **Mooneyham Public Library**
Address: 240 E. Main St. Forest City, NC 28043
Phone: 828.248.5224
Website: www.rutherfordcountylibrary.org
Service(s) Offered: Town, public library.

Agency Name: **Norris Public Library**
Address: 132 N. Main St. Rutherfordton, NC 28139
Phone: 828.287.3520
Website: www.rutherfordcountylibrary.org
Service(s) Offered: Town, public library.

Agency Name: **Spindale Public Library**
Address: 131 Tanner St. Spindale, NC 28160
Phone: 828.286.3879
Website: www.rutherfordcountylibrary.org
Service(s) Offered: Town, public library.

EMPLOYMENT

Agency Name: **Foothills Regional Commission**
Address: 111 West Court St Rutherfordton, NC 28139
Phone: 828.287.2281
Website: www.regionc.orgIPDC
Service(s) Offered: Workforce Investment Act (WIOA) providing funds for employment and training needs of dislocated workers, and low-income adults and youth. Hours of operation: M-F, 8:30 – 5:00 pm.

Agency Name: **Job Corps**
Address: 98 Scheck Dr Pisgah Forest NC 28768
Phone: 828.862.6101, 800.733.5627
Website: www.scheck.jobcorps.gov
Service(s) Offered: Connects youth with skills and education. Free education and training program that helps eligible young people between the ages of 16 and 24.

Agency Name: **Division of Employment Security**
Address: 139 E. Trade Street Forest City, NC 28043
Phone: 1.888.737.0259 for unemployment
Website: www.des.nc.gov
Service(s) Offered: Available employment by city, county, or zip code.

Agency Name: **NC Vocational Rehabilitation**
Address: 277 Commercial Drive Forest NC 28043
Phone: 828.245.1223
Website: <https://www.ncdhs.gov/divisions/vocational-rehabilitation-services>
Service(s) Offered: Provides services for eligible disabled folks leading to employment.

Agency Name: **NCWorks Career Center**
Address: 223 Charlotte Rd Rutherfordton, NC 28139
Phone: 828.286.3042
Website: www.ncworks.gov
Service(s) Offered: Job training programs and services to help you increase your skillset and obtain meaningful employment.

Agency Name: **Rutherford County Chamber of Commerce**
Address: 144 East Main Street, Forest City 28043
Phone: 828-287-3090
Website: www.rutherfordcoc.org
Service(s) Offered: Provides thorough list of local job opportunities each week.

Agency Name: **The Senior Community Service Employment Program – (Title V)**
Address: 11 West Court St Rutherfordton, NC 28139
Phone: 828.287.2281
Website: <https://www.ncdhhs.gov/senior-community-service-employment-program-scsep>
Service(s) Offered: Provides employment for qualifying older adults.

Agency Name: **Work First Employment Services**
Address: 311 Callahan Koon Rd Spindale 28160
Phone: 828.287.6165
Website: <https://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance>
Service(s) Offered: Provides service to recipients of Work First Family Assistance when the parent is included in the grant. Enables citizens receiving public assistance to become self-sufficient by linking them to skills and resources to secure employment.

FOOD ASSISTANCE / SOUP KITCHENS

Agency Name: **Adaville Baptist Church / REACH**
Address: 805 Oakland Rd Spindale
Phone: 828.286.2361
Website: <https://www.adaville.org/>
Service(s) Offered: Drive through food distribution on Wednesdays at 4:45 pm.

Agency Name: **Basics Christian Ministries**
Address: 141 N Main St, Mooresboro, NC 28114
Phone: 828.289.7996
Website: <https://www.facebook.com/basics.ministries/>
Service(s) Offered: BASICS is an all-volunteer Christian ministry that provides food, clothing, and spiritual counseling to those who need it in Rutherford County, NC. Provides showers and laundry services for homeless persons. Food pantry Thursdays from 10:00am - 2:00pm. Thrift store open Thursday – Saturday, 10:00am – 2:00pm.

Agency Name: **Chase Corner Ministries**
Address: 1604 Chase High Road Forest City NC 28043
Phone: 828.247.0096
Website: <https://chasecornerministries.org/>
Service(s) Offered: Emergency assistance for food, clothing, utility, rent and medication assistance once every 6 months.
Emergency Food Pantry: Monday, Tuesday, Thursday, Friday from 9:00am – 2:00pm.
Wednesday food distribution from 9:00am – 2:00pm.

Agency Name: **Grace of God Rescue Mission**
Address: 537 W. Main St., Forest City, NC 28043
Phone: 828.245.9141
Website: <https://www.facebook.com/pages/category/Nonprofit-organization/The-Grace-of-God-Rescue-Mission-Forest-CityNC-204189940059383/>
Service(s) Offered: Hot Meal Monday-Saturday 4pm-5:30pm.

FOOD ASSISTANCE / SOUP KITCHENS

Agency Name: **GrahamTown Community Center**
Address: 129 1st Street Forest City NC 28043
Phone: 828.229.3380
Website: <http://www.grahamtownteam.org/>
Service(s) Offered: Food assistance. 2nd and 4th Thursday of each month.
4:00-5:00 pm.

Agency Name: **Harvest House Soup Kitchen**
Address: 2938 Harris Henrietta Road Mooresboro NC, 28114
Phone: 828.447.2797
828.429.3549
Website: <https://m.facebook.com/HarvestHouseBaptist/>
Service(s) Offered: Call for hours.

Agency Name: **Hickory Nut Gorge Outreach Food Pantry**
Address: 2556 Memorial Highway Lake Lure, NC 28746
Phone: 828.625.4683
Website: <http://www.hickorynutgorgeoutreach.org>
Service(s) Offered: Helping Relieve Hunger at Home in our Community.
Hours of Operation: Monday, Thursday, Friday 10:00-4:00.

Agency Name: **Neighbors Pantry INC.**
Address: 217 Gilkey School Rd Rutherfordton, NC 28139
Phone: 828.652.5437
Website: <https://www.facebook.com/NeighborsFoodPantry/>
Service(s) Offered: Provides food assistance. The 1st and 3rd Saturday each
month from 9:00am-12:00 and Friday after 1st and 3rd Saturday 5-7pm.

Agency Name: **New Beginnings Soup Kitchen**
Address: 668 N. Washington St Rutherfordton, NC 28139
Phone: 828.286.9278
Website: www.greenriverbaptistassociation.com
Service(s) Offered: Thursday 4:30-6:00 PM Take Out Only/Soup Kitchen

FOOD ASSISTANCE / SOUP KITCHENS

Agency Name: **Oak Grove Missionary Baptist**
Address: 125 Weathers St. Forest City, NC 28043
Phone:
Website:
Service(s) Offered: Tuesday Soup Kitchen.

Agency Name: **Red Bird Food Pantry – Mountain Creek Baptist Church**
Address: 710 Mountain Creek Road Rutherfordton. NC 28139
Phone: 828.287.7159
Website:
Service(s) Offered: Food assistance: Tuesdays from 3 – 6 pm.

Agency Name: **Rutherford BARN - Rutherford County Farmer's Market**
Address: 172 Park Square Forest City, NC 28043
Phone: 828.789.9421
Website: <https://rcfarmersmarket.com>
Service(s) Offered: Accepts WIC and doubles up EBT for you to get local healthy fresh food straight from the farmer who grew it.

Agency Name: **Rutherford County Senior Center**
Address: 193 Callahan-Koon Rd Spindale NC 28160
Phone: 828.287.6409
Website: https://www.rutherfordcountync.gov/departments/senior_center/index.php
Service(s) Offered: Home Delivered Meals - Seniors over 60.
Congregant Meals – register at least one day in advance. Meals provided at 193 Callahan-Koon Road. Congregant meals offered Monday through Friday. Call to register.
Commodities Supplemental Food Program (CSFP)
Food assistance for seniors ages 60 and up. Call to register.

Agency Name: **Rutherford County Schools Backpack Program**
Address: 382 W. Main Street Forest City, NC 28043
Phone: 828.289.1717
Website: www.rcsedfoundation.org
Service(s) Offered: Students facing food insecurity are discretely supplied with food items to bridge the weekend gap during the school year. Donations welcomed. Backpack Program also offered at Thomas Jefferson Classical Academy and Lake Lure Classical Academy. Contact specific school for information.

FOOD ASSISTANCE / SOUP KITCHENS

Agency Name: **Salvation Army**
Address: 256 Main Street Forest City NC 28043
Phone: 828.287.0119
Website: <https://www.salvationarmy.org/rutherfordcounty>
Service(s) Offered: Food assistance. Tuesday-Friday 10am-5pm.

Agency Name: **The Source Ministries / Loving Arms Ministry**
Address: 661 W Main St, Forest City, NC 28043
Phone: 828.447.2286
Website: <https://www.thesourceministriesnc.com>
Service(s) Offered: Food distribution on Wednesdays from 11:00am – 4:00pm. Clothing, baby products, hygiene products.

Agency Name: **St. Gabriel Episcopal Church – Jericho Road Soup Kitchen**
Address: 264 N. Ridgecrest Ave. Rutherfordton NC 28139
Phone: 828.980.1466
Website: <https://www.facebook.com/St-Gabriels-Episcopal-Church>
Service(s) Offered: **Jericho Road Soup Kitchen** – serves a free meal every Wednesday from 10:00 am to 12:00 pm.

Agency Name: **Washburn Community Outreach Center**
Address: 2934 Piney Mountain Church Rd Bostic NC 28018
Phone: 828.245.5603
Website: <https://www.facebook.com/washburnoutreach/>
Service(s) Offered: Offers assistance with clothing and food. Hours of operation: 9am – 2pm, Thursday, Friday, and Saturday.

Agency Name: **West Point Baptist Church**
Address: 1160 Union Rd, Rutherfordton, NC 28139
Phone: 828.287.0165
Website: <http://westpointbaptist.org/>
Service(s) Offered: Emergency Food Pantry – Call ahead for food.

FOOD ASSISTANCE / SOUP KITCHENS

Agency Name:

Yokefellow Service Center

Address:

132 Blanton Street Spindale NC 28160

Phone:

828.287.0776

Website:

<https://m.facebook.com/YokefellowServiceCenter/>

Service(s) Offered:

Emergency food assistance. By appointment only.

Agency Name: **Alianza Hispana**
Address: Yanet Cisneros P.O. Box 424 Caroleen, NC 28019
Phone: 828-289.7376
Website:
Service(s) Offered: Bi-lingual services, connecting families to resources.

Agency Name: **Centro Unido Latino Americano**
Address: Isothermal Community College 286 ICC Loop Rd Spindale, NC 28160
Phone: 828.460.2358
Website: <https://www.culanc.org>
Service(s) Offered: Connections to food, social justice, immigration services, employment, interpretation, legal, health resources for Latinx individuals.

LEGAL SERVICES

Agency Name: **Abounding Grace Ministry**
Address: 222 Charlotte Road Rutherfordton, NC 28139
Phone: 828.429.0289
Website: www.aboundinggrace.org
Service(s) Offered: A ministry to connect female inmates and former inmates with resources to rebuild their lives.

Agency Name: **Child Protective Services – Department of Social Services**
Address: 389 Fairground Rd Spindale, NC 2810
Phone: 828.287.6165
Website: www.rutherfordcountync.gov
Service(s) Offered: To report child abuse or neglect and initiate a family assessment.

Agency Name: **Forest City Police Department**
Address: 187 S Church St Forest City, NC 28043
Phone: 828.245.5555
Website: www.rutherfordcountync.gov
Service(s) Offered:

Agency Name: **Legal Aid of NC**
Address:
Phone: 1.877.579.7562
Website:
Service(s) Offered: Free legal assistance to low-income residents for civil cases involving basic human needs like shelter, safety, and income.

Agency Name: **Pisgah Legal Services**
Address: 169 N. Main Street Rutherfordton, NC 28139
Phone: 828.247.0297
Website: www.pisgahlegal.org
Service(s) Offered: Legal assistance for low income and seniors. May apply online. Housing, safety from abuse, health justice, income security.

Agency Name: **Pisgah Legal Services for Mountain Violence**
Address: P.O. Box 2276 Asheville NC 28802
Phone: 828.247.0297
Website: www.pisgahlegal.org
Service(s) Offered: Legal assistance for domestic violence victims.

Agency Name: **Rutherford County Sheriffs Office**
Address: 198 N Washington St Rutherfordton NC 28139
Phone: Emergency: 9-1-1
Non-Emergency: 828.287.6247
Crime Stoppers Tipline: 828.286.8477
Website: www.rutherfordcountync.gov
Service(s) Offered:

Agency Name: **Rutherfordton Police Department**
Address: 129 N Main St Rutherfordton NC 28139
Phone: 828.287.5062
Website: www.rutherfordcountync.gov
Service(s) Offered:

Agency Name: **Spindale Police Department**
Address: 125 Reveley St Spindale NC 28160
Phone: 828.286.3464
Website: www.rutherfordcountync.gov
Service(s) Offered:

AFFORDABLE HOUSING AND RENT ASSISTANCE

TEMPORARY / CRISIS HOUSING

Agency Name: **HOPE Network of Rutherford County**
Address: 1071 S Broadway St, Forest City, NC 28043
Phone: 828.367.4673
Website: <https://www.hopenetwork.net/>
Service(s) Offered: Faith based nonprofit offering transitional housing for women facing homelessness, recent incarceration, or history of substance use for up to 6 months for qualified participants. Must be able to work full-time. By appointment only.

Agency Name: **International Life Foundation Jerome and Gail Wilkerson**
Address:
Phone: Men: 828.447.0648
Women: 828.447.3622
Website:
Service(s) Offered:

Agency Name: **Out of the Ashes Ministry**
Address: 131 Countryside Dr. Forest City, NC 28043
Phone: 828.395.2000
Website: outtheashes.org
Service(s) Offered: Provides refuge for women and their children in times of trouble and distress. Provides refuge for men in times of trouble and distress. Meals provided, work ready. Breaking the chains of addiction and homelessness one person at a time.

Agency Name: **Path Shelter**
Address:
Phone: 828.245.8595
Website:
Service(s) Offered: Shelter for victims of sexual assault / domestic violence. Call 24/7.

AFFORDABLE HOUSING AND RENT ASSISTANCE

Agency Name: **THRIVE Housing Resource Center**
Address: 218 W. Allen Street, Suite B, Hendersonville, NC 28739
Phone: 828.697.1581
Website: www.thrive4health.org
Service(s) Offered: Provides services to those affected by homelessness with housing assistance.

RENTAL ASSISTANCE

Agency Name: **Academy Heights Apartments**
Address: 210 Club House Dr RUTHERFORDTON NC, 28139
Phone: 828.286.3599
Website: https://housingapartments.org/rental_detail/37035
Service(s) Offered: Subsidized housing.

Agency Name: **Cherry Knoll Apartments**
Address: 107 Cherry Knoll Dr, Rutherfordton, NC 28139
Phone: 828.286.9476
Website: <https://www.facebook.com/pages/category/Apartment---Condo-Building/Cherry-Knoll-Apartments-1711701315570618/>
Service(s) Offered: Subsidized housing.

Agency Name: **Cottages at Crestview**
Address: 182 Cottage Lane Rutherfordton NC 28139
Phone: 828.288.3738
Website: https://housingapartments.org/rental_detail/24867
Service(s) Offered: Housing for 62 and older.

Agency Name: **Creekside Crossing Apartments**
Address: 450 West Street Spindale, NC 28160
Phone: 828.395.1956
Website:
Service(s) Offered: Low income housing credit accepted.

AFFORDABLE HOUSING AND RENT ASSISTANCE

Agency Name: **Foothills Regional Commission**
Address: 111 West Court St Rutherfordton, NC 28139
Phone: 828.351.2327
828.351.2336
Website: <https://foothillsregion.org/housing-programs/>
Service(s) Offered: Section 8 Voucher Program.

Agency Name: **Forest City Public Housing Authority**
Address: 147 East Spruce St Forest City, NC 28043
Phone: 828.245.1390
Website: <https://www.forestcityhousingauthority.com/>
Service(s) Offered: Rental housing for low-income families. Provides handicap units when available. Applicants are referred for application by DSS, service agencies, churches or individual application. Requires waiting list.

Agency Name: **Grahamtown Team**
Address:
Phone: 828.229.3380
Website: www.grahamtownteam.org
Service(s) Offered: Affordable housing program.

Agency Name: **Harmony Hills Apartments**
Address: 375 Harmon St # 100, Forest City, NC 28043
Phone: 828.248.1410
Website: https://housingapartments.org/rental_detail/24881
Service(s) Offered: Subsidized housing.

Agency Name: **Heritage Village Apartments**
Address: 100 Heritage Village Dr Alexander Mills NC
Phone: 828.248.3234
Website: https://housingapartments.org/rental_detail/25152
Service(s) Offered: Housing for 62 or older.

AFFORDABLE HOUSING AND RENT ASSISTANCE

Agency Name: **Highland Apartments**
Address: 171 Butler Rd Forest City, NC 28043
Phone: 828.248.1925
Website: www.low-income-housing.credio.com
Service(s) Offered: Multi Family Housing; income based. Utility tax credit.

Agency Name: **Lake Vista Apartments – Lake Lure**
Address: 326 Lake Vista Apartments Dr. Lake Lure NC 28746
Phone: 828.625.8133
Website:
Service(s) Offered:

Agency Name: **Oakwood Village Apartments**
Address: 710 N Washington St Rutherfordton, NC 28139
Phone: 828.287-2871
Website: www.low-income-housing.credio.com
Service(s) Offered: 62 years/disabled or both.

Agency Name: **Richmond Hill Senior Apartments**
Address: 157 Butler Street Rutherfordton NC 28139
Phone: 828.287.2578
Website:
Service(s) Offered: Housing for 62 or older. No application fee. Income based. Applications can be picked up anytime in apartment A-9.

Agency Name: **Rosedale Phase 1 Apartments**
Address: 121 Holly Ln, Forest City, NC 28043
Phone: 828.245.3417
Website: https://housingapartments.org/rental_detail/37036
Service(s) Offered: Subsidized housing.

AFFORDABLE HOUSING AND RENT ASSISTANCE

Agency Name: **Rutherford County Manor**
Address: 775 S. Church St Forest City 28043
Phone: 828.245.5974
Website: www.low-income-housing.credio.com
Service(s) Offered: Housing for anyone.

Agency Name: **Sterling Oaks - Spindale**
Address: 131 Armstrong Drive Spindale, NC 28160
Phone: 828.214.7381
Website:
Service(s) Offered:

REPAIRS / CRISIS

Agency Name: **Carolina Cross Connection**
Address: 318 S South St, Gastonia, NC 28052
Phone: 704.721.0033
Website: <https://www.carolinacrossconnection.org>
Service(s) Offered: Home repairs for low-income families.

Agency Name: **Foothills Regional Commission**
Address: 111 West Court St Rutherfordton, NC 28139
Phone: 828.287.2281
Website: <https://foothillsregion.org/housing-programs/>
Service(s) Offered: **Weatherization, heating, and repair HAARP, Section 8 Housing**
The Housing Choice Voucher (HCV) program is the federal government's major program assisting very low-income families, the elderly and/or the disabled to afford decent, safe and sanitary housing in the private market.
828.351.2327 - Housing Vouchers
828.351.2336

AFFORDABLE HOUSING AND RENT ASSISTANCE

Agency Name: **Rutherford Housing Partnership INC**
Address: 718 West Main St Forest City, NC 28043
Phone: 828.248.3431
Website: www.rutherfordhousingpartnership.org
Service(s) Offered: Provide urgently needed repairs for qualified low-income, elderly and /or disabled homeowners.

HOME OWNERSHIP

Agency Name: **Creekside Meadows**
Address:
Phone: Contact the Town of Rutherfordton at 828.287.3520
Website:
Service(s) Offered: Workforce housing – home ownership.

Agency Name: **Habitat for Humanity**
Address: 269 West Main St Forest City NC 28043
Phone: 828.248.3178
Website: <http://rutherforddhf.org>
Service(s) Offered: Through volunteer labor and tax-deductible donations of money and materials, Habitat builds simple, decent houses with the help of the homeowner (partner) families.

MEDICAL CARE

Agency Name: **Atrium Health Primary Care Rutherford Internal Medicine & Specialty Care**
Address: 181 Daniel Rd, Forest City, NC 28043
Phone: 828.286.9036
Website: <https://atriumhealth.org>
Service(s) Offered: Specialty care including: pulmonology, critical care, gastroenterology, nutrition, hematology, oncology, internal medicine and hospital-based medical services. Urgent care.

Agency Name: **Blue Ridge Health – Rutherford Health Center**
Address: 187 W Main Street Spindale NC 28160
Phone: 828.288.2881
Website: <https://www.brchs.com/>
Service(s) Offered: Dental care, women’s health, family medicine, behavioral health, substance mis-use, pediatric medicine, nutrition services. Assistance paying for prescriptions.

Agency Name: **Blue Ridge Health – Lake Lure**
Address: 146 Nesbitt Ridge Lake Lure, NC 28746
Phone: 828.625.4400
Website: <https://brchs.com>
Service(s) Offered: Family Medicine, Nutrition services.

Agency Name: **Foothills Health District**
Address: 221 Callahan Koon Road Spindale NC 28160
Phone: 828.287.6100
Website: www.foothillshd.org
Service(s) Offered: Provides health screenings, health fairs, maternity care, and services for industries, agencies, and the community. Immunizations, WIC services. Diabetic counseling, birth control services, pregnancy testing, prenatal care, HIV, AIDS, STD’s, HEPC, breast, and cervical services. Environmental health and health promotion.
Breast, Cervical, Cancer Control Program – Provides free or low-cost breast and cervical cancer screenings.

Agency Name: **Mission Health Center - Rutherford**
Address: 184 Allendale Dr., Forest City, NC 28043
Phone: 828.659.5741
Website: missionhealth.org
Service(s) Offered: Family medicine, point of care testing, radiology, Women’s Health

Agency Name: **Rutherford Regional Health Center
Cardio Pulmonary Rehab**
Address: 288 S. Ridgecrest Ave. Rutherfordton, NC 28139
Phone: 828.286.5053
Website: <https://www.myutherfordregional.com/>
Service(s) Offered: Outpatient services for stroke and heart disease.

Agency Name: **Rutherford Regional Health System**
Address: 288 S. Ridgecrest Ave. Rutherfordton, NC 28139
Phone: 828.286.5000
Website: www.myutherfordregional.com
Service(s) Offered: Healthcare services including inpatient care, emergency medicine, heart care, maternity care, surgical services, pediatrics, and primary care offices. Outpatient behavioral health.

Agency Name: **Rutherford County VA Outpatient Clinic**
Address: 2270 College Ave. Suite 145, Forest City 28043
Phone: 828-202-2735
Website: www.va.gov
Service(s) Offered: Primary care, cardiology, lab and pathology, mental health, pain management, physical therapy, telehealth services. Hours of operation: M-F, 7:30 – 4pm.

MEDICATION ASSISTANCE

Agency Name:	Chase Corner Ministries
Address:	1604 Chase High Rd. Forest City, NC 28043
Phone:	828.247.0096
Website:	https://chasecornerministries.org/
Service(s) Offered:	Prescription medication assistance. M, T, TR, F 9:00am – 2:00pm. Free medical equipment such as crutches, wheelchairs, adult potty chairs, shower chairs, and walking frames.
Agency Name:	Community Health Council of Rutherford County, Cancer Patient Services
Address:	P.O. Box 823, Spindale NC 28160
Phone:	828.202.4630
Website:	https://www.healthcouncilrc.com/
Service(s) Offered:	Survivorship, prevention, and income-based financial assistance for cancer patients. Application required.
Agency Name:	Genoa Pharmacy – Family Preservation Services
Address:	139 East Trade Street Forest City, NC 28043
Phone:	828.202.5911
Website:	www.genoahealthcare.com
Service(s) Offered:	Income-based pricing for physical and mental health medications. Hours of operation: M-F 8:00 am – 12:00 pm, 1:00 pm – 5:00pm open to the public.
Agency Name:	Medicine Drop Box
Address:	Rutherford County Sheriff's Office: 198 N Washington St Rutherfordton NC 28139 Forest City Police Department: 187 S. Church St. Forest City, NC 28043 Lake Lure Police Department: 2950 Memorial Highway Lake Lure, NC 28746

Agency Name: **Rutherford County Department of Social Services**
Address: 288 S. Ridgecrest Ave. Rutherfordton, NC 28139
311 Callahan Koon Road Spindale NC 28160
Phone: 828.287.6165
Website: www.rutherfordcountync.gov
Service(s) Offered: Medication assistance, Medicare premium assistance. Medicaid programs for children, adults, pregnant women, long term care, and those blind and disabled. Medication assistance.

Agency Name: **Yokefellow Service Center**
Address: 102 Blanton St Spindale, NC 28160
Phone: 828.287.0776
Website: <https://www.facebook.com/YokefellowServiceCenter>
Service(s) Offered: Provides prescription medication assistance, and support with access to durable medical equipment. Appointments required.

MENTAL HEALTH

Agency Name: **Blue Ridge Community Health Center**
Address: 187 W. Main Street Spindale, NC 28160
Phone: 828.288.2881
Website: www.brchs.com
Service(s) Offered: No insurance required.

Agency Name: **Blue Ridge Counseling Services**
Address: 148 East Main St Spindale NC 28160
Phone: 828.286.0501
Website:
Service(s) Offered: Outpatient counseling for substance abuse issues. By appointment.

Agency Name: **Blue Ridge Hope**
Address: 131 W. 2nd Street Rutherfordton NC 28139
Phone: 828-202-3075
Website: <https://www.blueridgehope.org/>
Service(s) Offered: Provides services for mental health counseling, grief support, and caregiver support. Blue Ridge Hope's mission is to connect individuals with resources that will help them be successful in attaining their emotional goals, reconciling personal loss, and developing health and wholeness. These services are available to all people regardless of their ability to pay.

Agency Name: **National Alliance on Mental Illness**
Address: 124 South Powell Street Suite D
Phone: Forest City, NC 28043
Website: (828) 771-6305
Service(s) Offered: namisouthmountainsnc.org

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI South Mountains, NC offers an array of outstanding peer-led programs that provide free education, skills training, support, and advocacy. Discover which education program is right for you.

Trained NAMI volunteers bring peer-led programs to your community. With the unique understanding of people with lived experience, family members, caregivers, these programs provide outstanding free education, skills training, and support.

Agency Name: **Family Preservation Services INC**
Address: 139 E Trade Street Forest City NC 28043
Phone: 828.287.7945
Website: <https://www.pathways.com/northcarolina>
Service(s) Offered: Offers an array of community, home and school-based services designed to respond to state and local needs.
Provide a trauma-specific approach to working with medical, behavioral and social needs of an individual. Mental health and substance use treatment.

Agency Name: **Family Preservation Services – Magnolia House**
Address: 363 Railroad Avenue, Rutherfordton, NC 28139
Phone: 828-288-2707
Website:
Service(s) Offered: Offer programs for those with a mental health diagnosis and transportation to a variety of support services. In-house programs offered: psychosocial rehabilitation, peer support, comprehensive clinical assessments, outpatient therapy, psychological testing, psychiatric evaluation and medication management. Serving individuals 21 and older.

MENTAL HEALTH

Agency Name: **Hospice of Carolina Foothills**
Address: 374 Hudlow Rd Forest City NC 28043
Phone: 828.245.0095
Website: <http://hocf.org>
Service(s) Offered: Provide compassionate care for those affected by serious illness, grief and loss.

Agency Name: **RHA Health Services**
Address: 132 Commercial Drive Suite 120 Forest City, 28043
Phone: 828.248.1117
Website: <https://rhahealthservices.org/>
Service(s) Offered: Behavioral health services. Mobile crisis management, addiction services and mental health services.

Agency Name: **Rutherford Life Services**
Address: 230 Fairground Rd Spindale NC 28160
Phone: 828.286.4352
Website: <https://www.rutherfordlifeservices.com/>
Service(s) Offered: Provides services to individuals with developmental disabilities. Must be 16 yrs. of age or older. Must be referred.

Agency Name: **Solid Foundations Counseling Center**
Address: Spindale, NC 28160
Phone: 704.466.0162
Website: bobbyfisher@solidfoundationscounseling.com
Service(s) Offered: Parenting, substance abuse treatment, individual, family, group counseling, domestic violence prevention.

Search for more mental health providers based on insurance / Medicaid at www.psychologytoday.com

MISCELLANEOUS (OTHER RESOURCES)

Agency Name: **Community Pet Center**
Address: 861 Piney Ridge Rd Forest City NC 28043
Phone: 828.287.7738
Website: <https://www.communitypetcenter.com/>
Service(s) Offered: Offers free pet food, low cost spay/neuter program.

Agency Name: **North Carolina Cooperative Extension of Rutherford County Center**
Address: 193 Callahan Koon Rd Spindale, NC 28160
Phone: 828.287.6010
Website: <https://rutherford.ces.ncsu.edu/>
Service(s) Offered: Offers classes and other services centered on nutrition and cooking, food safety, and wellness.

Agency Name: **Rutherford BARN – Rutherford County Farmer’s Market**
Address: 172 Park Square Forest City, NC 28043
Phone: 828.789.9421
Website: <https://rcfarmersmarket.com>
Service(s) Offered: Provides an opportunity for the community to buy from local producers who are growing and crafting here locally. We strive to keep our producers and shoppers close to keep our community stronger.

Agency Name: **Rutherford County Genealogy**
Address:
Phone:
Website: www.familysearch.org
ldsgenealogy.com/NC/Rutherford-County
Service(s) Offered: Birth records, death records, land lists, marriage records, census records.

Agency Name: **Rutherford County Transit**
Address:
Phone: 828.287.6141
Website:
Service(s) Offered: Routine transportation routes and individualized transport. Free rides for medical services, grocery, and food pantry by appointment.

MISCELLANEOUS (OTHER RESOURCES)

Agency Name: **Rutherford County Veterans Office**
Address: 303 Fairgrounds Rd Spindale, NC 28160
Phone: 828.287.6185
Website:
Service(s) Offered: Assists all veterans and dependents with VA benefits and services. Please call for appointment.

Agency Name: **United Way 2-1-1**
Address:
Phone: Simply dial 2-1-1
Website: www.211.org
Service(s) Offered: Dial from home, office, or cell phone, anytime 24 hours per day to learn about vital services to your community.

Agency Name: **Rutherford HELP**
Address:
Phone: 828.785.2087
Website: HELP@HealthCouncilRC.com
Service(s) Offered: Helping agencies can refer clients who are making steps toward self-sufficiency. Clients identify goals and receive support and services to help them meet their goals.

Agency Name: **Alzheimers Information/WNC**
Address: Asheville, NC 28801
Phone: 800.522.2451
Website:
Service(s) Offered:

Agency Name: **Blue Ridge Hope**
Address: 131 W. 2nd Street Rutherfordton NC 28139
Phone: 828-202-3075
Website: <https://www.blueridgehope.org/>
Service(s) Offered: Care management – Elder care connecting aging adults to resources to safely enable them to remain a resident in their home rather than transition to assisted living or a nursing home.

Agency Name: **Carolina Foothills Eldercare**
Address: 376 Hudlow Rd. Forest City 28043
Phone: 828.222.4375
Website: info@carolinaff.org
Service(s) Offered: Extra support for seriously ill patients over 65 to enhance their ability to stay home. Certified nursing, meal assistance, medical alert.

Agency Name: **Foothills Regional Commission – Division of Aging and Adult Services**
Address: 111 Court Street, Rutherfordton NC 28139
Phone: 828.287.2281
Website: www.foothillsregion.org
Service(s) Offered: Advocacy, planning, programs, and information services for seniors. Nursing home, adult care homes, family care homes, adult day care, family caregiver support. Senior community service employment training – Title V.

Agency Name: **Phillips (LifeLine)**
Address: 855.681.5351
Phone: lifeline.phillips.com
Website:
Service(s) Offered: Immediate communication between individuals and emergency response personnel.

SENIOR ADULTS

Agency Name: **Rutherford County Department of Social Services: Adult Services**
Address: 389 Fairground Rd, Spindale, NC 28160
Phone: 828.287.6282
Website: www.rutherfordcountync.gov/department/social_services
Service(s) Offered: Provides and connects elderly adults to social services including: adult protective services, adult day care/adult day health, in home aide services, special assistance in home services, foster care for adults - includes monitoring, licensing/relicensing, investigations of complaints and assisting with placements in adult care homes and nursing homes, services for the blind and guardianship services.

Agency Name: **Rutherford County Senior Center**
Address: 193 Callahan Koon Rd. Spindale NC 28160
Phone: 828.287.6409
Website: https://www.rutherfordcountync.gov/departments/senior_center/index.php
Service(s) Offered: Arts, recreation, counseling, congregate meals, computer lab, health screenings, home delivered meals, and other services for seniors.

Agency Name: **Rutherford LifeCare**
Address: 859 Thunder Rd.
Phone: 828.287.1697
Website: <https://www.rutherfordlifetimeservices.com/>
Service(s) Offered: Adult nursing care services including meals, bathing, and other activities.

Agency Name: **Senior Health Insurance Information - Medicare Part D**
Address:
Phone: 828.287.6409
Website:
Service(s) Offered:

Agency Name: **Social Security Administration**
Address: 707 Schenck Street Shelby, NC 28150
Phone: 877.405.3576
Website:
Service(s) Offered: Supplemental Security Income, Retirement, Disability, Medicare Part D. Supplement

Agency Name: **Alcoholic Anonymous**
Address: **Rutherfordton** – Rutherfordton Presbyterian Church 252 N. Washington St. Rutherfordton NC 28139
Forest City – First Presbyterian Church 438 W. Main St Forest City NC 28043
Phone: 828.287.3466
Rutherfordton: 828.287.3466
Forest City: 828.245.6112
Website:
Service(s) Offered: Provide and connect individuals to services and support in treating alcohol abuse.

Agency Name: **Blue Ridge Counseling Services**
Address: 202 E. Main Street Spindale, NC 28160
Phone: 828.286.0501
Website:
Service(s) Offered: Outpatient counseling for substance abuse issues. By appointment.

Agency Name: **Catelynn Burrell Center**
Address: 277 Biltmore Ave. Asheville, NC 28801
Phone: 877.277.8873
Website: <https://www.pathways.com/ncfbc>
Service(s) Offered: Detox program for children aged 6-17 who are experiencing mental health or substance use.

Agency Name: **Family Preservation Services INC / Pathways**
Address: 139 E Trade Street Forest City NC 28043
Phone: 828.287.7945
Website: <https://www.pathways.com/northcarolina>
Service(s) Offered: Offers an array of community, home and school-based services designed to respond to state and local needs.
 Provide a trauma-specific approach to working with medical, behavioral and social needs of an individual.

SUBSTANCE USE

Agency Name: **Oxford House**
Address:
Phone: 704.930.8329
Website: www.oxfordhousenc.org
Service(s) Offered: Sobriety support and transitional housing for women.

Agency Name: **Pavillon**
Address: 241 Pavillon Place Mill Spring, NC 28756
Phone: 828.694.2300
Website: www.pavillon.org
Service(s) Offered: Residential addiction treatment center supporting lifetime sobriety and drug-free recovery. Primary treatment and extended care for young adults and professionals.

Agency Name: **Treatment Accountability for Safer Communities (TASC)
Insight Human Services**
Address: 668 Withrow Rd., Forest City NC 28043
Phone: 828.273.6659
1.800.422.4661
Website: www.ncdhhs.gov
Service(s) Offered: Care management for persons with substance abuse or mental illness who are involved in the justice system.

Agency Name: **United Way of Rutherford County**
Address: 668 Withrow Rd Forest City NC 28043
Phone: 828.286.3929
Website: www.unitedwayofrutherford.org
Service(s) Offered: We provide recovery and reentry supports, harm reduction services, linkage to care, jail services, peer support services, prevention and recovery wellness programs for employers, recovery support groups, driver's license restoration assistance, capacity building trainings, scholarships for BIPOC to become Community Health Workers or NC Certified Peer Support Specialists. Our funding sources are diversified so while all of our programs include Rutherford County, we have some that serve clients across a seven-county footprint in WNC.

Agency Name: **Recovery Road – Element Church**
Address: 1071 S Broadway St Forest City 28043
Phone: 828.245.7766
Website: www.element3.com
Service(s) Offered: Substance use disorder and addiction group. Mondays at 6:30pm.

SUBSTANCE USE TREATMENT FACILITIES

<p>Midwood Addiction Treatment Drug & Alcohol Rehab 704.625.2828 Charlotte, NC</p>	<p>Charlotte Rescue Mission In-patient substance abuse 704.333.4673 Charlotte, NC</p>	<p>Carolina Center for Recovery Drug & Alcohol Rehab 866.966.1168 Charlotte, NC</p>
<p>New Beginnings Drug & Alcohol Rehab & DWI Services 704.334.6574 Charlotte, NC</p>	<p>Legacy Freedom Detox Program 704.445.3085 Gastonia, NC</p>	<p>The Insight Program Drug & Alcohol Rehab 704.679.9600 Charlotte, NC</p>
<p>Crestview Recovery Center Drug & Alcohol Rehab 855.949.6677 Asheville, NC</p>	<p>Phoenix Detox Detox Program 704.333.4673 Gastonia, NC</p>	<p>Dilworth Center Drug & Alcohol Rehab 704.372.6969 Charlotte, NC</p>
<p>Asheville Recovery Center Drug & Alcohol Rehab 855.930.0544 Asheville, NC</p>	<p>Crossroads of Asheville Drug & Alcohol Rehab 800.805.6989 Asheville, NC</p>	<p>Legacy Freedom Detox Program 828.222.5028 Hendersonville, NC</p>
<p>Julian F. Keith Alcohol and Drug Abuse Treatment Center 828.257.6200 Black Mountain, NC</p>		

Agency Name: **Isothermal Community College Trail System**
Address: ICC Loop Road, Spindale, NC 28160
Phone: 828-351-3235
Website: <https://rutherfordoutdoor.org/trails/icc-trails>
Service(s) Offered: Interconnected trail system on the campus. Most of the system goes through a variety of wooded areas. Open field areas and sidewalk, a great system for a quick hike or run or exploring with the family. Parking is readily available and kiosks with trail guides at several trailheads.

Agency Name: **Kiwanis Park – Town of Rutherfordton**
Address: Green St, Rutherfordton, NC 28139
Phone: 828.287.3523
Website: <https://www.rutherfordton.net/kiwanis-park-project/>
Service(s) Offered: Kiwanis Park is a 3.7-acre, heavily shaded park that includes six picnic tables, charcoal grill, swings, and access to Cleghorn Creek.

Agency Name: **Purple Martin Greenway – Town of Rutherfordton**
Address: Skyline Dr, Rutherfordton, NC 28139
Phone:
Website: <https://www.facebook.com/PurpleMartinGreenway/>
Service(s) Offered: The Purple Martin Greenway is a paved, natural trail system complete with bustling creek, a waterfall and creative works from local artists. Features a Little Free Library, picnic shelters, and more.

Agency Name: **Rutherford Outdoor Coalition**
Address: 115 N. Oak St Spindale, NC 28160
Phone: 828-351-3235
Website: www.rutherfordoutdoor.org
Service(s) Offered: Nonprofit that offers guided outdoor recreation opportunities including: walking, cycling, hiking, running, camping, backpacking, paddling, and more. Several hosted opportunities held each month. Website identifies all outdoor activities / locations in the county.

RECREATION

Agency Name: **Thermal Belt Rail Trail**
Address: Rutherford County, NC
Phone:
Website: www.thermalbeltrailtrail.com
Service(s) Offered: 13.58 mile, 12 feet wide, Thermal Belt Rail Trail corridor weaves through the heart of Rutherford County, North Carolina and is suitable for walking, running, cycling and more.

Agency Name: **Town of Forest City**
Callison Recreation Center
Address: 217 Clay St Forest City NC 28043
Phone: 828.248.5220
Website: <https://www.townofforestcity.com/parks-recreation>
Service(s) Offered: The Parks and Recreation Department's goal is to actively encourage, provide, promote and protect quality leisure, recreation and cultural opportunities, facilities and environments that are essential for the enhancement of the lives of our citizens. Facilities include pool and other resources.

Agency Name: **Town of Spindale**
Spindale House
Address: 119 Tanner St. Spindale NC 28160
Phone: 828.286.3716
Website: <https://www.spindalenc.net/home/departments/parks-and-recreation>
Service(s) Offered: Provides programs and facilities for children, youth, adults, and seniors designed to meet their needs, develop their skills, and help them maintain a healthy lifestyle and enjoy their leisure time. Gym, tennis courts, and more open to the public.

Agency Name: **Walk With a Doc**
Rutherford Regional Health System
Address: Coming Soon!
Phone: 828.286.5000
Website: www.walkwithadoc.org
Service(s) Offered: A physician-led walking group to connect people with a free place to get some steps, to learn about health, and to meet new friends. Call to get a current schedule.

Agency Name:

Rutherford County Transit

Address:

294 Fairground Rd Spindale, NC 28160

Phone:

828.287.6339

Website:

www.rutherfordcountync.gov

Service(s) Offered:

Free transportation for medical appointments or access to food, by appointment only: 828 – 287-6141. Free fixed routes available M-F. Register for medical transport at DSS, 828-288-4022.

VETERAN SERVICES

Agency Name:

County Veteran Services

Address:

303 Fairground Rd Spindale, NC 28160

Phone:

828.287.6185

Website:

Service(s) Offered:

Agency Name: Rutherfordton Lions Club
Address:
Phone: 828.429.2209
Website: Mikescruggs0528@gmail.com
Service(s) Offered: Assistance with glasses, eye exams, eye surgery.

Agency Name: Department of Social Services - Vision Services
Address:
Phone:
Website:
Service(s) Offered:

NATIONAL / LOCAL CRISIS HOTLINES

Aunt Bertha Resource Guide: 1-888-235-4673

Department of Social Services Low-income Household Water and Heat Assistance: 828-287-1248

Domestic Violence / Sexual Assault: 828-245-8595

Emergency services: Dial 9-1-1, or 2-1-1 for Spanish translation

Eviction Prevention: 1-866-219-5262

Low-income Energy Assistance 60+: 828-287-6165

Mental Health Providers: www.psychologytoday.com

National Sexual Assault Hotline: 800-656-HOPE

NCHousingSearch.org

Rutherford County Transit Medical Appointments: 828-287-6141

Rutherford County Transit: 828-287-6339

Substance Use: 800-662-4357

Suicide Hotlines: 800-273-8255, 9-8-8



**Community
Health Council**
of Rutherford County

www.healthcouncilrc.com