**Community Health Council of Rutherford County**

**Meeting Minutes for September 5, 2018**

**Present:** Ted Bell, Sara Bradley, Rita Burch, Chris Burley, John Carroll, Yanet Cisneros, Deneen Cook, Tiffany Crank, Shelly Foreman, Chris Francis, Sioux Free, Amanda Freeman. Steve Garrison, Barry Gold, Terry Hines, Lee Homan, Mandy Johnson, Jill Miracle, Clark Poole, Rebecca Segal, Sara Spotila, Lori Spurling, Jerry Stensland, David Sutton, Drew Radford

**Excused:** Scott Dadson, Tracy Davis

**Call to Order & Welcome by:** Lori Spurling, President; Welcomed members and introduced visitors;

* Laura Lynch, IPDC Director of Area Aging Agency (for Scott Dadson)
* Laurie Mills, Director of Magnolia House (with Sara Spotila)
* Drew introduced Dr. Megan Mase, new physian with RRHS for the Forest City Family Practice Office
* Chris Munton, Assistant Administrator at RRHS

**Lori asked for a motion to approve the August 1, 2018 CHC meeting minutes---Motion** made by Terry Hines and seconded by Chris Burley to accept the minutes as presented; unanimous approval by members present.

**Treasurer/Accounting Report by: Joannie** gave the report in the absence of Suzanne; Joannie referenced the first and last page of the treasurer’s report found in the packet; this is the Unreconciled Summary for **June 30, 2018**; **Beginning Balance---$16,498.57; Expenditures under Header for “CHC Adm. And Facilitator” were**-$434.00 and $548.00 for **facilitator salary; $79.00 for Omni Media; Expenditure under “Health Community” was $55.51 for hand-outs for the children at the Owls Event sponsored this summer. Total Expenditures were $1,116.51; Balance as of 8/30/18---$15,382.06. Motion** made by Deneen Cook and seconded by John Carroll to accept the report as presented; unanimous approval by members present.

**New Business:**

* **Announcement**---Brittany Bridges, American Foundation for Suicide Prevention—WALK TO FIGHT SUICIDE< **Out of the Darkness Community Walk**---Brittany spoke to the group about her first year in working with the Suicide Prevention Walk; 50% of all money from walk raised goes back into our county for resources, training, **anything our county needs for mental health benefits;** for the 2017 walk AFSP put more money into Rutherford County which is more than we actually raised at our walk; she said some of that money came from Charlotte; there were 39 events, trainings, and resources that went out for last year that Rutherford was a part of; she said they are looking for more sponsorships**; presently we have RRHS as a sponsor** and they were last year; she spoke about her niece working at Little Caesars and was able to get a sponsorship from them last year; Universal Finance is also presently a sponsor; she said they have folks form a teams for the walks which can be made up of co-workers, family members walking in memory of someone, personally for a loved one, she noted her family did last year in memory of her mother who she lost to suicide in 2015; she asked for a show of hands for those who were familiar with the Suicide walk, few raised their hands; she said she wanted to have everyone raise their hands next year when she asked this question; she said **through sponsorships, flyers,** **Twitter, and a FB page they were working to get the word out about the walk**; this is the 3rd year, this year her goal is to make this a big thing for our county; **sponsor levels start at $100, and** there are different levels even up to the Champion Level of $2,500; she noted there are different things that go with each of the levels of sponsorships such as shirts, logos on shirts, signs with a business logo; she said the deadline for the name to be on the shirt is September 14th**; the walk is to take place on October 20th, starts at McNair Stadium**; there is a bead board there that represents how you are connected personally to suicide; everyone who participates in the walk picks up the **beads before the walk**, this **helps individuals to connect and relate with other individuals** on that level who have the same color beads; have a **memory board** where folks can fill out a message of someone that they lost and tack it on the wall; have snacks available; the AFSP has vendor there that has suicide prevention materials etc. that they sell; walk starts at McNair Field and we do down Trade Street and up to Powell Street to the NAMI Center, then turn around and walk back through Forest City; last year we walked on the sidewalk, this year she has applied for a parade permit from the Forest City Police Department because this year she wants to walk down main street so we can Stop Traffic and make it a big deal so as to draw attention to the community in an effort to help Stop and Prevent Suicide, then we walk back to McNair Field; the **NAMI Center gives free training to the employees there and resources** to them that help; AFSP also supplies the Mental Health First Aid for ICC, the fund it and also provides for those attending lunch. E-mail was sent out with information about the event and Joannie will send it out again to the members. **Lori spoke to the group about considering** being a sponsor for the **Out of Darkness Walk for $150.00 sponsorship.** **Terry Hines made the motion to do** this and the motion was **seconded by John Carrol; unanimous approval by members present. Jill** commented that his should not prevent your agency from also participating; she was hoping that this would be something that the council could do as a joint thing.
* **Presenter**---Marla Browne, CIRS, NC 2-1-1 Director Asheville Call Center, United Way of Asheville and Buncombe County---HELP STARTS HERE 2-1-1, she noted this is also a **National Number** as well; they handle about 40,000calls /year. (her **presentation** was also **sent out to council members**) (**minutes will reflect highlights from the presentation**) Marla provided an overview of the 2-1-1- center and invited questions or to give feedback as she went through her presentation; **Side #** **2---“What is 2-1-1”,** it is a heal and human services referral line available 24/7 to speakers of any languages, you can call 2-1-1 like you call 911; **Slide # 3—“Can Everyone Access 2-1-1”,** available to over 93% of Americans and 100% of North Carolinians; serviced by 2 calls centers, Asheville and Durham; the call center in Asheville is an accredited center by an organization called AIRS, the acronym for the Alliance of Information Referral Systems; **Slide # 4---"What Happens When You Call** **2-1-1”---** Trained Referral Specialists has a 4 year degree in a social service and an 18 month training with our agency; they listen carefully to callers, asses the needs, then identify appropriate resources, and then provide information to connect people with services to meet their needs, they ask important questions, they advocate for the caller and help them with referrals, then she follows up with the caller to be sure they were able to get all needs met, do crisis intervention as needed**; Slide #** **5---“What are the Top 2-1-1-Calls”---** Pantries, Homeless Shelters, Utility Bill Payment Assistance, Rent Payment Assistance, Home Rental Listings. **Slide # 6---“How Does 2-1-1- Measure Effectiveness?”,** Quality and Achieved benchmarks for 2017, (good stats for Asheville which shows they exceeded them all) Slide # **7---“How Does 2-1-1 Help the Community”**, 2-1-1 helps services providers as a companion piece to their work, informs community decision-makers about social service gaps, **we have tracking** **information/data that we able to share with our community partners** , helps in disaster by handling non-emergency calls. **Slide# 8---"2-1-1-counts”,** [**www.211counts.org**](http://www.211counts.org)**, this is a web-site with data that may be helpful to grant writers,** it is a dashboard of needs, why people call 2-1-1; go to the web-site with a map of the US and click on NC and then there are drop-down options where you can sort **data across our state in tons of different ways,** Zip Codes level, groups of codes together, specific counties, several counties, congressional districts, etc., by dates, any way you want to see the data. As **Demonstration of fields of information**----She reviewed some specific information for the group and addressed specific questions by council members regarding data/information.
* **Presenter**---Kimberly B. Snyder, MA, LPC, Director of the Advising and Success Center at ICC; regarding community partners & letters of support for exploring the offering of a curriculum in Human Services Technology. (Kimberly presented a Power Point Presentation to the group; a **copy of presentation, sample letters of support and the link to the survey were sent out to council members**) She said **ICC is interested in starting a new** **program in Human Services Technology** and is here to give you an overview about that and about how that came about; she also noted the college is starting a Dental Assisting Program in collaboration with MAHEC and are using the old Hospice Building near Saint Luke’s Hospital in Polk County; she said that as our vice-president was talking with providers in the community over and over again they were **talking about the need for people** **helping people with mental health issues or substance abuse issues,** so she thought well maybe we also ought to explore offering **another program that addresses that issue**; she said the program is Human Services Technology, it **prepares students for entry level positions where we can work with social community** **and educational services**; she said there are different specializations that we can take on; right now we are applying for the overall degree and there is a bunch of paper-work involved in getting curriculum started; for right now we are going to go for the big program of overview of Human Services and they we will **probably add on some specialties** and that is where we need your help. She asked if the members would consider doing her survey after this meeting to see what specialty we want to take into consideration; these **positions can help with mental health, child-care, family services, social services, rehabilitation, correction, and** **educational agencies**. She said another thing they **are working on at ICC is Equestrian, with** the **equestrian population growing an equine assisted therapy; this program has an animal assisted** **interaction specialty that we can apply for after we get approved for the main program.** She said, our hopes is by **changing some curriculum**, because there is another program at one other community college that has equine studies but it is more about riding, teaching people how to ride, or how to be a trainer; she said what **our Dean of Business Sciences** is **changing the curriculum, or requesting to change the curriculum so** that we have some equine assisted interactions in this curriculum; she said their **goal is to change that** **equine studies and add on in the Human Services Degree, this, under animal assistance, equine therapy** **studies too; it is really exciting stuff that we hope will help the community**. She said, right now we are **partnering with TROT (Therapeutic Riding of Tryon at the Foothills Equestrian Nature Center (FENCE) in Polk** **County**. She said we **can help by actually taking the survey, by writing a letter of support;** we are looking for folks **saying that this is going to be a good program for our community**, it is going to met an unmet need currently. She explained that at ICC if you are a Rutherford or Polk County Resident and you are **not eligible for the Pell Grant, we have the Powers Scholarship that can help pay for a degreed program**, so one way or another, you **can get your education for free at ICC**; so, why not start here, get your two years and transfer on; we are **looking at some partnerships with Fayetteville State University for an online completion program** and we are **going to explore other options; feel pretty confident that Gardner-Web would** be a partner **with Human Services** as well. She said next week we are going to have a curriculum **advisory meeting on September 13th at 2:30 pm in room 112 in the Business Sciences Building at ICC** and if you would like to come to that, she would **Welcome you**. **Question was** asked regarding the deadline for the response to the survey and the letters? She said she would like to have the letters by Thursday, September **13th.** **Question a**bout the Human Services Degree being a two-year or four-year degree? She said it is an **Associate of Applied Sciences**, a **two-year degree** because ICC does not offer four-year degrees, but that could be a **partnership that could be a bilateral agreement with Fayetteville State, Gardner Web or we are hoping Western; for the two-year program at ICC could be cost free. Question** was asked about having **any Sample** **letters of Support** that could be used by council members? She does have samples and sent to Joannie to e-mail to council members. **Question** asked as to whether individual letters of support are as effective as organizational letters, which are better for you? She said they are **looking for existing, like County** **Commissioner Boards**, Chamber of Commerce or other **relevant stakeholders** who can **express a** **significant need for the program or existing businesses and people who would hire the folks** that would be graduating from the program*.* **Terry noted** that given the time-line for Kimberly’s report, if we are going to do something as an organization, we need to do it today, he said that he would like to make a ***motion---Motion made by Terry Hines that Lori and Jill develop a letter of support for Kim’s request on behalf of the CHC and that, that be provided to her by her deadline so there is something collectively from this group, seconded by Chris Burley; unanimous approval by members present***,

**Committee Reports:**

**Executive Director Report: (copy of hand-out in packet)** Jill presented a brief review of her report and highlighted specific items; she asked the members to review he full report at their leisure. (**Attachment-A**) She asked the membership to review the report and contact her if there are questions.

**Committee work---**one of the most significant that we have accomplished since our last meeting was that the health council along with the United Way sponsored a lunch **for people in the community who are working on recovery and** **re-entry; most of these are ministries**, they are people who are already doing the work or are considering doing the work; a lot of them are people **who applied for grant funding from the RHI Legacy Foundation**; a real good opportunity for us to hear at the health council level, **what kind of support might** be put in place, places for employment, **places for people to live**; to try to find out what that group of people feel like that their priority needs are, so if they are for instance providing housing for someone who has come out of the judicial system, then what kid of support do they need; that will be our **next step with that group, is to try to identify** what that looks like, what things are available in the county and what things are not available in the county to give us some direction around health council work going forward around substance use and opioid usage; had **9 agencies represented** there, they **met each** other which was one of the **key purposes** of the meeting; she said what we noticed, which was good news, is that one organization is thinking about working with women, one working with women with children, one working with men, so that there was **not a tremendous duplication** and it seems to be spread pretty well around that population might need; we were really excited; did not invite providers, we just wanted to hear from the people who are doing the transition work, it was really important and we **have several follow-up steps now to do with that group; very** interesting, eye opening, heart-breaking, all the things that you would expect to find from that group; a number of **people in that room were people who had lived experience with substance abuse**, which was really interesting because **the passion and the knowledge** of how people get to that point and what it takes for **recovery.**

**Healthy Eating---at the Executive Director’s Level,** we have been working on a number of things with food, you know we are involved with that work. She reported they had **the first pop-up market at** the health department and library and all over in the government services buildings there, at the county Services Buildings; they had a pop-up farmers market, it came from Polk County; it was a truck that came in and they were able to sell stuff either by using SNAP benefits or cash; had a really successful day; folks doing the pop-up market, said it was the **most successful one they had done** so far; something we **will be able to do going forward**; hopefully working along-side the health department and other folks to get that pop-up market. Also, **talking** a lot about **community gardens,** that group is real interested in who might have space who might be interested in doing that and formulating a plan to help people start a community garden.

**Cancer Services report & updates---**Tiffany Crank provide the following updates and prevention efforts we are going to have going on for the fall; ROC is going to be sponsoring another Couch to 5K, starting in the next month or so; a 12 week program to prepare people to be able to go from not being physically active to completing a 5K; the mobile farmers market, we have been doing some work around that, Taylor Burch with the health department is really into trying to get it to the communities that is going to need it the most here in Rutherford County; “Walk-with-a Doc” is coming up, September 15th at Dunbar; going to have a series of nutrition classes started that will be open to the public with the first one being November 13th and will be led by the dietician at the Community Clinic, Cindy; working on a Tobacco Cessation Medical Conference here at the hospital which will be targeting some providers about tobacco cessation specifically in Rutherford County and what could we really do to increase utilization of it, going to really rally around that issue; screenings for the fall---Free Skin Cancer Screening for the Community on November 3rd, lots of appointments open for it; please print the flyer and post anywhere you see fit; the Lung Bus will be back here on October 16th ; going to have a colon cancer screening program and hopefully kicking off here by October 1st for free colon cancer screenings for uninsured persons in the community; a prostate cancer screening in Shelby with transit agreeing to have a bus stop here in Rutherford County for any man that needs a prostate screening, we will be able to get them there and back; a couple of resources we are working on, Jill is working on putting together an exam room poster which will have a ton of prevention information which will be like a one-stop-shop for anything people need to know about cancer prevention here in the county, and are working on the smoking cessation methods and what can we do to figure out that issue.

**Healthy Eating report & updates**---Tracy Davis---No Report

**Substance Abuse report & updates**---Suzanne Porter---No Report

**Opioid Forum Implementation Team report & updates**---Steve Garrison gave some background **information about forum**; the county partnered between the health council and several others, United Way, Vaya, RRHS; it has been **going over a year ago**; the **reason we tried to put that together** is just r**ecognizing** we are continuing to **try to figure out a way to get around** that same wall when it comes to **opioid addiction and substance addiction** issues in the county; the forum was a way **to kind-of-vet the** various community partners and citizens, consumers, providers, **everyone** that is **impacted and touched by** that and we had a really good turn out for that which was held at ICC; he explained that from that **we put together the feedback** that came from that **group into a plan;** we were following the NC Association of County Commissioners format for doing that, so that is what we are doing; **we are meeting monthly** now before we have the health council meeting and just **trying to figure** out ways that we can define some potential deliverables and strategies built around **trying to combat opioid addiction**; appreciate Jill and her leadership in helping us to get that running, the hospital has been extremely valuable and the staff that they are bringing to the table with us; **hopefully we will start making some impacts**; he said what is going to share a little bit about what is going on right now, he said he did mention that the county **did join** the **national litigation** that is going on for opioid litigation; for the last couple of weeks we have been working with various folks in this room including the sheriff and others trying to get data that goes all the way back to 1996, specifically 2008 forward; he said they **are filling out a plaintiff fact sheet**, the first step in getting us to a point of getting **actually to discovery**, so it is really going to be interested to see what this does going forward; he said there are **several counties in NC that entered into this litigation** process, still not certain what the state is doing, we are talking about that earlier; the Attorney General’s Office, if you draw a comparison to this to what they did with tobacco litigation, the state took that lead roll and the counties were not necessarily involved, the state represented all of us; he said as far as he know, the **Attorney General’s Office has not engaged** that yet, so not certain what the plan is; he said a lot of counties already **went ahead and jumped on** with this process and so that is where we are right now, almost to the point of discovery and trying to get information to whoever these litigating judges are that are considering the cases before they go to the next step. He spoke about the meeting Jill referenced they had a couple of weeks ago and thought it was really critical/important and **enjoyed learning more**. He said he is quickly learning that we **still have a lot of gaps** but we **actually have a lot of folks filling** **some of those gaps** that he wasn’t aware of; he went on to say that we have different agencies and entities that are working in silos, but also they are not communicating, we are not communicating with them, there is a lack of exchange of information, so we are trying to figure out what is the best way to pull all these folks together so we can truly identify what the gaps are, a lot of this is for re-entry. Jill followed-up about the first part of the Opioid Meeting that Steve missed. Jill said they talked through what they hear is, which we know is not accurate, is that if somebody **comes to the hospital with an overdose** or that is not stable and then the hospital gets them stable and lets them go; she said there is this **big gap on what happens to them**; she noted that the patient/family will tell you the hospital has sent me out there with nothing, so we talked through that, and it is good to have Family Preservation here and Vaya here to actually identify some things that can happen along with the hospital team to talk about that; she said they talked through that, what does that look like when someone comes to the hospital, gets stabilized, and then because that is not the hospital’s prevue, what happens to them next and how do they get to that next service; so we spent some time talking about that and **identifying what those things are and what the issues** **are around that.** She said the **hospital has introduced** a **Pain** **Management Team** to really talk about how could some pain management happen here in the hospital, making sure they are not part of the problem; she said there are **other options for pain** management and they are beginning to look at that and they have established a team to address that, which is great news. She said they talked about wanting to hear from Lee Homan on if there is anything for the planning grant**---Lee said there is no news** yet, still waiting for a response. Jill said that the committee is really interested in, we have submitted a planning grant for how to battle opioid usage in our community and if we get that planning grant, we will need to figure out how to use the money and how to make the best use of that. Jill said that Shelly brought an opportunity to us for the health council to co-host a movie called **“The Ripple Effect”** which is about suicide **prevention** and it should be something we can do as a health council, and she will get some facts and figures together and present that to the council; it is something she is really interested in for **our community health council sponsoring a movie** to bring people in about **suicide prevention**; she said as a joint group that she believes it will be a great effort for us to present that and then also to have those of you who are in this room who are providers of service available at that movie to address issues that might come up with people that see the movie; Shelly will bring back more information to that; **Be on standby** because she may very quickly throw you an opportunity out there to say, as a group are we interested in sponsoring and hosting this; hopefully November or so. Steve added that the thing we talked about as well, the thing that is so **critical about** **the opioid issues and substance abuse** in general for Rutherford County, Rutherford County, Economic Development, which we talk about quite a bit is in relations to **work-force development** and **economic development in the county**; we are at a point now when we are starting to get more companies, more industries, it is **great to** hear about a **lot of the curriculum** that is going on at ICC too because it is going to help build that foundation; he said it is not the problem of getting jobs now, the problem is finding that **work force** that is able to go into these places to work and be able **to sustain that employment** in those locations and how do we help them do that; one of the things he starting to hear now are more and **more employers have stopped doing** mandatory **drug testing**, that is dangerous and scary; so talking to some of the folks at the HHS, there may be an opportunity to work with us to figure out some programing that allows us to work with employers to sort of be that safety net so that if they have folks that come through drug screening that are employable for us to be able to work with them instead of them shifting back out into the unemployed area; **Rutherford County has a low** **unemployment rate right now, 4.8,** and has not been that low since 1998; in 2010 in January and February unemployment rate was 19%, one of the highest in the nation; we are starting to see of that light at the end of the tunnel; one of the things **we talked about, homelessness, food scarcity, medical care, jobs, everything seems to be that one common** denominator and it is substance addiction; so this group is really critical for us to do that; he throws that out there because there may be others in the room that **maybe could contribute more** to that particular group, you are welcomed to join us because it is going to take all of us together, **working together** to get us past this and it is critical; he is excited about the idea of the program that may **allow us to work with employers**.

**Member Reports/Announcements: Due to time constraints ---Lori asked for only one-liners*; If there are any additional items that need to be shared, send them to Joannie to send out to the membership.***

**Steve Garrison, County Commission---**announced reminder about the **WEG upcoming**; he said if you go to the **Rutherford County, NC web-site page,** we have put **some information** out there about a way that you can **send a text** messaging through the programing that **Polk County has**, just to give you **Alerts;** they have also put a **map** out that shows some of the **roads that are going to be closed on September 13th** for some of the cross-country things that are going on with the Equestrian Games.

**Lori Spurling, Daily Courier**---we have **a Cancer Section coming up in October**, so if you have anything to contribute, please share with the Daily Courier; sending flyers out now.

**Yanet Cisneros, Health Department**---**the Community Health Assessment Data launched**, so she will be **convening** a **small together** so we can **review the data and hopefully start looking at some trends or some change**s in selecting some **new priorities this** year, for the next three years; they have suggested that we **do 2 rather than 3 priorities**.

**Clark Poole, Chamber**---chamber is hosting a **meet-the-candidates on October 16th & 18th** at **the ICC Library** **Auditorium**; different candidates at each. **Early voting starts October 18th**; on **November 6**th we will have another **Regional Job Fair at the gymnasium at ICC;** sending the tentacles a little further this time because there are needs at every level of expertise in Rutherford County, so one of our big challenges **is not only attracting manufacturing** and **other businesses, but attracting people** that are able to keep them going; all of you might want to share with your employees and other in your spheres of influence; the more people we have there, the better off we are in getting some things filled.

**Lee Homan, BRCH**---he said they added **dental night clinic, already had medical night clinic on Tuesday, dental is** **available in the evening as well, as well as being available all-day Friday** which was not previously the case; we had **Christian Glover** start, she is a LCSW who is currently working on finishing her LCAP as an addiction specialist, and is **available 8am-5pm Monday** through Thursday at Rutherford and has openings and can take referrals any time; Stephanie, the Practice Manager asked me to remind you guys, **we do take walk-ins,** if previously you had met some resistance to those walk-ins, our provider staff is now at full capacity and we actually have a new MD starting in 2 weeks, **Mat Row who** came up through the MAHEC Residency Program; so we should **have an abundance of capacity with any needs at all.**

**Jill Miracle, Executive Director for CHCC/RHI Legacy Foundation---**she said the CHC will have a add in the Cancer Supplement that will be in the Daily Courier for a free mammogram, and add about the skin screening and a “Walk-with-a Doc” add.

**Sara Spotila, Family Preservation**---we had **3 resignations in the past month** and wanted to let you know we have **hired 2 of those 3**, currently looking to fill the 3rd which was a **LCAP**; during July we had **53 staff shared** in Rutherford County that **touched 683 lives**; provided over **6,800 hours** of service for clients in Rutherford County; wanted to give a **“shout-out” to Shelia w**ho works here as a **Peer-Bridger** her at the hospital and some of her success that we can report on are **that 3 of her clients** were moved into apartments from homelessness, **2 clients got jobs,** **2 clients got** **accepted into a 6 month** **recovery** program, **9 of those Peer-Bridger’s** **clients** were engaged in treatment and made it to their follow-up appointments, not only did they do in-takes but they are coming back for more services, **2 new Peer**-**Bridger’s** just opened up, they came in for intake and are waiting to see if they come back for the next session.

**Mandy Johnson, IPDC Regional Long-Term Care Ombudsman**---we have a “**Confident Care-Givers Class”** coming in **McDowell a**nd we are doing that with the Western Alzheimer’s Association; **“Living Healthy with Chronic Pain” starting October 1st at the Senior Center** in Rutherford County, will send flyer to Joannie.

**Laura Lynch, IPDC**---on **September 11th** we will have our **second annual Economic Development Day** at the Don **Gibson Theatre in Shelby**, NC and the **Speaker** is **Anthony Copeland** who is the NC Secretary of Commerce; if **interested i**n attending, go on to the Isothermal Planning **FB** and you can **“click”** there saying that you are planning to attend and lunch will be provided by the city of Shelby.

**Sioux Free, Pisgah Legal Services---**annual **Poverty Forum will be October 4th, ‘MAKING ENDS MEET”, passed out flyer with information, Speaker will be Kathryn Edin,** a sociologist from Princeton University and wrote a book**, “Two** **Dollars a Day, living on next to nothing in America”, will** be talking about women in poverty in NC.

**Steve Garrison, County Manager**---excited about the **Thermal Belt Rail Trail** nearing completion; “Thank” you to RHI Legacy.

**Ted Bell moved for adjournment!!!**

**Next Meeting Date:** Wednesday, October 3, 2018 @ RRHS in the Private Dining Room

**Meeting Adjourned by:** Lori Ledbetter, President

**Meeting minutes respectfully submitted by:** Joannie Jolley, facilitator

ATTACHMENT-A

CHC ED Report Sept. 5, 2018

**ED Report**

Continue to serve on the County Realignment Team at the County Manager’s request - Provide input to be sure the people of the county are represented

Website – hoped to have the unpublished draft today.

**Committee Work**

Substance Use (Suzanne not able to be here – cover the items where I have been directly involved.)

* + Attended substance use committee meeting. (CET)
  + Continue to lead/assist with the Opioid Forum Followup Team
  + Met with Oxford House – Re-entry organization who has interest in RC
  + Hosted a recovery/re-entry lunch. 9 Agencies represented. Working on our response now. Thank UW
  + Very interested in the response from HHS about our grant request for a planning grant for substance use

Active Living

Will be meeting with Dr. Burley/Jerry and the Active Living committee during Oct. to discuss a wellness/exercise program to follow RRHS’s next component. Would also like this group to have a brainstorming session about how to get people using the new Rail Trail.

Healthy Eating

Thank Tracy for providing inserts for the Backpack Program that address healthy eating. Will be doing those in October.

This may duplicate some of the Cancer Services report, but we are pleased that we helped Taylor Burch in her discussions to get a pop-up farmers (Snap) market at the Health Dept/DSS/Library – and we are hoping to help get a market close to the New Hope community soon. We are also helping Taylor with discussions about community gardens in that area a possibly others. This group is focusing on community gardens and a county food assessment.

Cancer Services

* + - Have 7 applications in process now for financial assistance
    - Walk with a Doc – Sept. 15 – Thanks to Drew for leading in my absence. Oct. 20
    - Skin Screening Nov. 3 – Sent you the flyer yesterday. Please share on your social media if possible.
    - Quarterly Nutrition Classes – First one is Nov. 13 – BRCH is hosting
    - Exam Room posters

Foundation –

* Made grant decisions – invitations to an awards breakfast going out this week. Oct. 9 8:30.
* Golf tournament Sept. 28 to benefit the Backpack Program
* Starting to discuss and gather ideas about our role in Substance Use – first year.